



### **Course Description**

#### **DEP2000 | Human Growth and Development | 3.00 credits**

This course examines the physical, cognitive, social and emotional development of human beings from conception to death. Students will learn about theories of development and key issues in the field and apply research in developmental psychology throughout the prenatal, infancy, childhood, adolescence, and adulthood periods of the lifespan.

### **Course Competencies:**

**Competency 1:** The student will examine human life from conception through death by:

1. Identifying unique characteristics of each stage in the life cycle.
2. Stating the major biological and social influences on development at each stage.
3. Listing the sequence of growth and the predictable changes that occur at each stage.
4. Describing the transitional tasks to be accomplished at each stage.

**Competency 2:** The student will evaluate theoretical perspectives for their value in explaining and predicting growth and development by:

1. Comparing major theories and theorists.
2. Summarizing the relationship between theory and research methods.
3. Applying research information to practical scenarios.

**Competency 3:** The student will distinguish interdisciplinary explanations of developmental tasks and transitions through the life span by:

1. Categorizing the disciplines that seek to clarify human development.
2. Analyzing the usefulness of biology, psychology, sociology, and anthropology for interpreting development.
3. Interpreting personal values relating to theoretical assumptions on the nature of growth and development.

**Competency 4:** The student will connect physical, cognitive, emotional, and social development at each stage of the life span by:

1. Differentiating major theories and the proponents of these theories relative to each type of development
2. Evaluating the relevance of selected theories to real world phenomena, such as in one's own life or experience.
3. Synthesizing the correlations between environmental and hereditary influences on various aspects of development at each stage.

### **Learning Outcomes:**

- Communicate effectively using listening, speaking, reading, and writing skills
- Solve problems using critical and creative thinking and scientific reasoning
- Create strategies that can be used to fulfill personal, civic, and social responsibilities